



**George S. Ferzli, M.D., F.A.C.S.**  
**Corneliu T. Vulpe, M.D.**

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## Primary Care Clearance for Bariatric Surgery

Date \_\_\_\_\_

Dear Dr. Ferzli:

I am writing to support the plan for my patient, \_\_\_\_\_, to undergo Bariatric surgery. Based on pre-operative evaluation, which included a full history, physical examination, review of systems, and review of medications, this patient has no contraindications for the planned Bariatric surgery.

This patient is cleared from my point of view, with the following restrictions, if any:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Sincerely,

\_\_\_\_\_  
Signature here

\_\_\_\_\_  
Name

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City State Zip Code

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
Fax number



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## Primary Care Physician

Our mutual patient, \_\_\_\_\_, is seeking surgical intervention for the disease of morbid obesity. A multidisciplinary team approach is imperative in evaluating this patient prior to surgery. The primary care physician can assist us by evaluating the patient for obesity-related co-morbidities, and providing us with the surgical clearance from your standpoint. We require further evaluations from a cardiologist, pulmonologist, gastroenterologist, psychologist and nutritionist.

We recommend having these tests done for your surgical evaluation:

**CBC/CMP**  
**T3, T4, TSH**  
**Hepatitis B & C screen**  
**Liver functions**  
**Folic Acid**  
**Iron**  
**Ferritin**  
**Lipid panel**  
**TIBC**  
**Vitamin B12**  
**Vitamin A**  
**Urine U/A, urine C&S**

Our program provides pre-operative education and teaching, as well as monthly group support meetings where nutrition, behavior modification, benefits of exercise and emotional support are offered at regular intervals. A committed team approach will benefit our patient to have the utmost weight loss and successful weight management.

Our Bariatric team looks forward to working with you.

Sincerely,

George S. Ferzli, M.D., F.A.C.S.

Corneliu T. Vulpe, M.D.

Kevin Brenowitz, M.S., F.N.P., Program Coordinator

Laura Celardo-Giannone, M.S., R.D., C.D.N., Program Nutritionist

Michele Avitabile, M.S., R.D., C.D.N., Program Nutritionist